

WOF
REPAIRS
SERVICES
MAINTENANCE
ALL MAKES AND MODELS

Summer Lovin'

Happy Holidays

and thank you
for all your
business in 2016.

As we head into the busy holiday season, we have a few travel tips about how to ensure your trip and vehicle are hassle-free.

Automotive Solutions Group members can carry out a pre-holiday safety/service check for you. A quick call for an appointment is all it takes.

We are part of the Automotive Solutions Group network, which has 50 members and is rapidly growing. This means if you find yourself stuck or broken down in another part of New Zealand, there are other trusted group members that can help you get back on the road.

Call **0800 791 791** or visit our website www.automotivesolutions.co.nz to find a trusted Automotive Solutions repairer near you.

We wish you
all a very safe
and happy
holiday
this
Christmas
and
New Year.



DRIVE SAFELY THESE HOLIDAYS

You need to take extra care when travelling in holiday periods with increased traffic volumes, congestion, tiredness and people driving in unfamiliar environments. Being courteous, remembering to share the road with others and scheduling frequent breaks can help you keep your cool when driving during these times.

BE ALERT!

- There are more vehicles on the road, which means higher risk of incidents
- People are driving long hours and are possibly fatigued
- Increased stress from factors such as heat, traffic jams, noisy children and general tiredness
- People on holiday may be less vigilant about road safety, eg speeding, driving when tired, not buckling up
- There's more drink-driving during holiday periods

INCREASE SAFETY BY...

- Planning ahead
- Being alert to road changes
- Driving to the conditions
- Watching out for fatigue
- Identifying the safest routes

BEFORE YOU TRAVEL...

- Have your vehicle checked
- Check your WOF, Rego and Licence
- Check your trailers and caravans
- Load heavy objects evenly over axles



KEEP A COOL HEAD WHILE DRIVING

Summer's imminent arrival means your vehicle air conditioning system is going to be under serious strain before long.

Check it out now before the heat arrives! If you haven't had your system serviced in a while, now's the time.

While most newer vehicles may simply be able to get away with having their A/C recharged, older cars and trucks may require a little extra attention.



ROAD TRIP GAMES

TWENTY QUESTIONS

One person secretly thinks of either an animal, mineral, or vegetable. The other players then take turns asking yes-or-no questions, such as "Can it fly?" or "Does it grow in the ground?" After the players have asked 20 questions, each player gets a chance to make a guess.

THE THEME SONG GAME

One person hums the tune to a favourite TV show, and everyone else tries to name the show as fast as possible. The first person to guess correctly hums the next song.

MEMORY TEST

The first person says "A is for ---" filling in the blank with any word beginning with the letter A, such as "apple." The second person comes up with a word for the letter B, such as "book," but must also repeat the "A" word: "A is for apple, B is for book." Continue through the alphabet, each person taking several turns and reciting more and more letters and words. By the time you reach the letter Z, that player will recite the whole alphabet and its corresponding words. However, if you're playing with younger kids you may want to choose an earlier letter than "Z" to be the final one!

SECRET PLACE RACE

One person looks at a road map and finds a small town, village, river, etc. That person announces the name of the place she has chosen. A second player has 60 seconds to look at the map and try to find the secret place.

Cooling System Maintenance



The cooling system in your car is one of the most important systems to keep well maintained. Antifreeze prevents freezing, raises the boiling point and prevents corrosion of internal components. Most vehicle manufacturers recommend a two-year service interval.

Warm weather can take a toll on your vehicle, and a malfunctioning cooling system can lead to overheating and damage

to your engine. Summer is just around the corner, it is time to have a trained auto service technician inspect your cooling system and replace any damaged or worn components. This will keep your engine protected during warm months, keep you cool during summer and will provide you with peace of mind motoring.



Cooking your salmon on a bbq is really easy using cedar plank and the result is outstanding. The smoke adds another dimension to the flavour.

INGREDIENTS FOR MARINADE/BASTING SAUCE:

- 1 tbsp sesame oil
 - 1 tbsp soy
 - 1 tbsp ginger
 - 1 tbsp garlic
 - 1 tsp chilli
 - 1 tsp salt
 - 1 tsp pepper
- Mix all ingredients together and set aside.

DIRECTIONS:

Soak cedar plank in water for 12hrs. Brush both sides of salmon with olive oil and basting sauce. Put plank on BBQ on medium heat until just starts smoking. Add fillet and cook on medium-low for 20-30 mins or until done how you like. Baste often. Plank may catch fire, spray lightly with water to extinguish. Garnish with lemon slices and your choice of herbs.

automotive solutions
Hamilton Ltd & P&H Suspension

11 Haig Street, Hamilton 3204

Phone: 07 847 7508

Fax: 07 847 5728

Web: ashn.co.nz

